

BREAKFAST

AUGUST 2023

Grain Items Offered on Menu are Whole Grain Rich
Skim and 1% Milk Offered Daily

Monday

Tuesday

Wednesday

Thursday

Friday

Strawberry Mini Bagels
Fresh Apple

1

Yogurt Cup &
Honey Oats Granola Bar
Fresh Sliced Orange

2

Small Blueberry Loaf
String Cheese
Fresh Apple

3

Buttermilk Waffles
Diced Pears

4

Applejacks Cereal Bowl
Graham Crackers
Fresh Apple

7

Sliced Banana Bread
Applesauce

8

Large Apple Cinnamon Muffin
Fresh Sliced Orange

9

Apple Frudel
Fresh Apple

10

Berry French Toast
Fresh Sliced Orange

11

Honey Cheerios Cereal Bowl
Graham Crackers
Fresh Apple

14

Bagel & Cream Cheese
Strawberry Applesauce

15

Soft Banana Oatmeal Rounds
Fresh Sliced Orange

16

Cinnamon Pancakes
Fruit Cup

17

18

Golden Graham Cereal Bowl
Graham Crackers
Fresh Apple

21

Cinni Mini Bagels
Applesauce

22

Large Blueberry Muffin
Fresh Sliced Orange

23

Breakfast Burrito
Strawberry Applesauce

24

25

Froot Loops Cereal Bowl
Graham Crackers
Fresh Apple

28

Sliced Banana Bread
Strawberry Applesauce

29

Cinnamon Raisin Bagel
& Cream Cheese
Fresh Sliced Orange

30

Egg Breakfast Sandwich
Fresh Apple

31

Menu is subject to change due to product availability

"This institution is an equal opportunity provider"